

ID/DD Workgroup
Core Services Recommendations

1. All services currently offered to people with Intellectual Disabilities should be included as Core Services.
2. The list of Core Services should be prioritized based upon the goals and outcomes established in Iowa's Olmstead Plan. Specifically, services that expand and support community integration and living should be encouraged and expanded (reflected as "High" in the chart below). While services that are institutionally based should be phased-down in a thoughtful manner (reflected as "Low" in the chart below).
3. Core Services should meet the needs of people with Intellectual and Developmental Disabilities.

Core Services¹

Family Support	Olmstead Prioritization
<ul style="list-style-type: none"> • Information and referral • Respite • Crisis prevention and intervention services² • Counseling services 	High

Service Coordination	Olmstead Prioritization
<ul style="list-style-type: none"> • Eligibility determination • Monitoring of plan implementation and individual's well-being • Information and Referral • Consumer directed service planning • Risk assessment and risk mitigation • Advocacy • Service System Navigation – local and state • Transition planning and support including transition from institution to community and school to work 	High

¹ The services listed below were discussed by the ID Workgroup. It is not intended to be an exhaustive list of all services currently available to people with ID in Iowa.

² Regulations for this service are currently being developed by IME.

Community Living	Olmstead Prioritization
<ul style="list-style-type: none"> • Supported Community Living – hourly and daily • Consumer Directed Attendant Care (CDAC) • Independent Support Broker • Financial Management Service • Transportation • Home and Vehicle Modifications • Peer to Peer Support • Personal Emergency Response Systems • Housing or rental assistance – finding and funding • Assistive Technology • Behavioral Intervention and Positive Behavioral Supports³ • Transition services <ul style="list-style-type: none"> ○ school to adult services ○ institutional to community <ul style="list-style-type: none"> ▪ one time start-up costs 	High
<ul style="list-style-type: none"> • ICF/MR services – Public and Private 	Low
<ul style="list-style-type: none"> • Residential Care Facilities for people with Intellectual Disabilities 	Case by case review ⁴

Employment and Other Day Services	Olmstead Prioritization
<ul style="list-style-type: none"> • Employment Services <ul style="list-style-type: none"> ○ Job Development ○ Prevocational – time limited and goal oriented ○ Supported Employment • Day Habilitation • Day activities for older adults with Intellectual and Developmental Disabilities⁵ • Transportation • Vehicle Modifications • Assistive Technology • Behavioral Intervention and Positive Behavioral Supports⁶ 	High
<ul style="list-style-type: none"> • Sheltered work – piece work paid at below minimum wage, occurring in segregated workshop settings. 	Low

³ Regulations for this service are currently being developed by IME.

⁴ Residential Care Facility services were mentioned by the workgroup and although Medicaid Home and Community Based waiver services are available to people living in these settings, given the variety in these settings it was unclear how they fit within the goals of Iowa's Olmstead Plan.

⁵ Currently called "Adult Day Care"

⁶ Regulations for this service are currently being developed by IME.

Health and Primary Care Services	Olmstead Prioritization
<ul style="list-style-type: none"> • Nursing services • Diagnostic services • Behavioral Intervention and Positive Behavioral Supports⁷ • Services for those with co-occurring disabilities – DD/MI/SA • Habilitative Therapy Services beyond what is provided for rehabilitation on the State Plan: <ul style="list-style-type: none"> ○ Occupational Therapy ○ Speech Therapy ○ Physical Therapy • Pre and Post Transition planning and support. • Counseling services • Tele-health based clinical services • Mental Health Outreach⁸ 	High

Crisis Prevention and Intervention ⁹	Olmstead Prioritization
<ul style="list-style-type: none"> • Iowa Program Assistance Response Team (I-PART) • 24 hour evaluation and crisis services • On-site training and support for providers and families • Services for those with co-occurring disabilities – DD/MI/SA 	High

⁷ Regulations for this service are currently being developed by IME.

⁸ Regulations for this service are currently being developed by IME.

⁹ Regulations for this service are currently being developed by IME.